

Direct Assessment and treatment of Emotional Factors in Psychosomatic Conditions using Davanloo's ISTDP

2nd Danish Immersion in Davanloo's ISTDP with Dr. Allan Abbass

May 23-24, 2016

This one and one half day course will provide a detailed study of the broad spectrum of psychosomatic patients who can benefit from Davanloo's ISTDP.

This video recording based course will detail the metapsychology of emotional operations, the somatic experience of feelings, how to assess emotional factors in somatic presentations, how to initiate the treatment process, and how to build emotional capacities.

Videotape based cases to be reviewed will include tremor, fibromyalgia, irritable bowel syndrome, migraine and conversion disorder.

This information is particularly helpful to understand and handle treatment resistant psychosomatic patients not responding to traditional psychotherapy methods.

This course is open to mental health professionals and students and will cover the following areas:

- ◆ Overview of Metapsychology of somatization
- ◆ Overview of the spectrum of suitable patients with videotape illustrations
- ◆ Psychodiagnostic assessment to determine level of format of somatic anxiety
- ◆ Nature of interventions including pressure, challenge, and head-on-collision with resistance
- ◆ Capacity building formats for conversion and irritable bowel patients.
- ◆ Various forms of Unlocking of the Unconscious

About the speaker



Dr. Allan Abbass

Dr. Allan Abbass is Professor of Psychiatry and Psychology, Director of Psychiatric Education, and founding Director of the Centre for Emotions and Health at Dalhousie University in Halifax, Canada. He is a leading teacher and researcher in the area of Short-Term Psychodynamic Psychotherapy, with over 175 publications and 200 invited presentations over the globe. These articles can be viewed at www.allanabbass.com

Originally a family doctor and emergency room doctor, he became frustrated with the limits of traditional medicine with the very common patients with medically unexplained symptoms. He went on to do advanced studies in psychotherapy with Dr. Davanloo at McGill University and then studied Psychiatry. Since then he has gone on to develop an award-winning program bringing psychotherapy to patients who frequently attend the emergency department.

He has received a number of teaching awards, including two national awards in psychiatry. He has been honored with visiting professorships at several international universities and institutions including the Tavistock in London. He holds recurrent intensive training programs in Norway, Sweden, Denmark, Italy, and Canada.

Dr. Abbass' first book on ISTDP "Reaching Through Resistance: Advanced Psychotherapy Techniques" was published in May, 2015

Registration Form:

Location: Meeting room 2, Stakladen, Aarhus University, Fredrik Nielsens Vej 4,
DK-8000 Aarhus C

Dates: May 23 (afternoon)-24 (all day) 2016

Fee: DKK 3,000 incl. catering

Organiser: The Research Clinic for Functional Disorders and Psychomatics
Barthsgade 5, 1.
DK-8200 Aarhus N

For registration please send an e-mail containing the information below:

Name: _____

Home address: _____

Profession: _____

City: _____

Mobile phone: _____

E-mail: _____

Food allergies: _____

Information regarding payment for Danish participants: If you pay for the course yourself please also state your civil registration number. If your employer pays please state employer's name, address and CVR/EAN No.

Participants from abroad: Please send an e-mail to the address below regarding payment.

SEND TO:

kirschach@rm.dk